



“Elegantly written and meticulously researched, *Appetite City* is a must-read for anyone who thinks they already know everything there is to know about the New York restaurant world.” —Tom Colicchio, Chef/Owner, Craft Restaurants

This is a wonderful book!” —Jacques Pépin

“William Grimes has written a masterful and engrossing culinary history of New York.”
—Drew Nieporent, restaurateur (Corton, Tribeca Grill, Nobu, and Centrico)

“[An] engrossing and enlightening book.” —Bobby Flay, executive chef, Mesa Grill

APPETITE CITY
A CULINARY HISTORY OF NEW YORK
BY
WILLIAM GRIMES

“New York is a present-tense city. It lives in the moment, perhaps because the city’s full-blast immediacy engages all the senses simultaneously, squeezing the faculties that allow for reflection on the past and speculation about the future. Like riders on a roller coaster, New Yorkers simply hold on tight.”—from *Appetite City*

New York City might be the food capital of the world today, but that has not always been the case. In 1817 *Blunt’s Stranger’s Guide to the City of New York* listed no restaurants. Workers from everywhere had little choice to find meals other than their boardinghouses, hotels, and taverns. Wealthy New York families ate at home. Working New Yorkers ate fast, grabbing lunch on the run. In 1827 the Delmonico brothers opened a simple café that offered coffee, chocolate, and for the first time prompt, courteous service. In ***Appetite City: A Culinary History of New York***, **William Grimes** illuminates the fascinating culinary history of the city. He describes not only the changes in restaurant life over the years, but the impact of gender, class, and the social climate of the city on culinary culture.

Appetite City is beautifully illustrated with photographs ranging from 1800’s Old Tom’s Chophouse to the long-lived Delmonico’s to today’s Babbo.

William Grimes was the restaurant critic of *The New York Times* from 1999 to 2003. He is the author of *Straight Up or On the Rocks* and *My Fine Feathered Friend*, and the coauthor of *The New York Times Guide to New York City Restaurants 2004*.